

Fall Equinox: Creating Sacred Space

with Natural Reiki

Saturday September 19, 2009

9:30 a.m. – 4:30 p.m.

Location to be Announced

Contact Mary if you want to host this workshop

We long for a connection with something beyond ourselves. We want to belong, to feel at home. Mother Earth and Nature can help us find our unique place in creation. They are natural resources for our own evolvment.

Honoring our planet helps us understand the spiritual oneness of existence. Honoring her different seasons connects us to the natural cycles within creation and within ourselves. Spiritually connecting with Nature brings us into balance with ourselves and with others.

As we celebrate the Fall Equinox, you will release to Mother Earth your limitations and attune to the healing powers of Nature. You will receive the Nature Aspect of Natural Reiki that creates for you a direct link to the healing powers of creation. Natural Reiki acknowledges the divinity in and interweaving of all life and activates your innate healing abilities.

Together we will

Fully ground ourselves and be truly present here on earth

Sit within the stillness of Spirit and experience the rhythm of the universe

Relate deeply to Mother Earth releasing to her our limitations and challenges

Receive the Natural Reiki Attunement & experience healing through this modality

Please bring the following to the seminar:

An ingredient for our friendship stew (your choice of favorite ingredient)

Something symbolic of what you want to release

Something natural from your area to give to the earth

Your gift to earth can be as simple as a leaf or rock . . . whatever resonates with you

Workshop fee of \$125 includes Reiki attunement, workshop handouts, beverages, snacks, and food to complement our stew. To register or to request partial scholarship, contact Mary at 704-422-4039 or 704-984-1099 (cell phone) or marylemons@healingwholeself.net